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CLAIMS

1. A communication method in which a caller uses a telephone system and the Internet to

2 transmit an electronic message to at least one electronic address of an intended recipient, 3 the method comprising: (a) said caller dialing a telephone number via the telephone system for connecting 4 to a central computer; 5 (b) said central computer comparing an intended recipient identifier with data 6 corresponding to a plurality of subscribers; 7 (c) said caller inputting a communication code into the central computer via the 8 9 telephone system; 10 (d) said central computer constructing an electronic message addressed to at least one electronic address of the intended recipient, said electronic message 11

containing information corresponding to the communication code; and

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- (e) said central computer transmitting the electronic message over the Internet to
 said at least one electronic address of the intended recipient.
- 2. The method in accordance with claim 1, further comprising the step of said caller inputting said intended recipient identifier into the central computer via the telephone system.
 - 3. The method in accordance with claim 2, wherein the information corresponding to the communication code further comprises a telephone number of the caller.
 - 4. The method in accordance with claim 2, wherein the information corresponding to the communication code further comprises a plurality of alphanumeric characters.
 - 5. The method in accordance with claim 2, wherein the step of inputting said intended recipient identifier further comprises manually contacting at least one button on a telephone.
- 6. The method in accordance with claim 2, wherein the step of inputting said intended recipient identifier further comprises projecting sound waves into a telephone.

- 7. The method in accordance with claim 6, wherein the step of projecting sound waves
- 2 further comprises speaking.
- 1 8. The method in accordance with claim 1, wherein said intended recipient identifier is
- 2 transmitted to said central computer when the caller dials said telephone number.
- 9. The method in accordance with claim 8, wherein the information corresponding to the
- 2 communication code further comprises a telephone number of the caller.
- 1 10. The method in accordance with claim 8, wherein the information corresponding to
- 2 the communication code further comprises a plurality of alphanumeric characters.
- 1 11. The method in accordance with claim 8, wherein the step of inputting a
- 2 communication code further comprises confirming a possible communication code.
- 1 12. The method in accordance with claim 11, further comprising the step of the central
- 2 computer prompting the caller to contact manually at least one telephone button to
- 3 confirm that the possible communication code audibly communicated to the caller is the
- 4 communication code.

- 1 13. The method in accordance with claim 11, further comprising the step of the central
- 2 computer prompting the caller to speak to confirm that the possible communication code
- audibly communicated to the caller is the communication code.
- 1 14. The method in accordance with claim 1, wherein the step of inputting a
- 2 communication code further comprises manually contacting at least one button on a
- 3 telephone.
- 1 15. The method in accordance with claim 14, further comprising manually contacting a
- 2 plurality of buttons in sequence on the telephone after prompting by the central computer.
- 1 16. The method in accordance with claim 1, wherein the step of inputting a
- 2 communication code further comprises projecting sound waves into a telephone.
- 1 17. The method in accordance with claim 16, wherein the step of projecting sound waves
- 2 further comprises speaking.
- 1 18. The method in accordance with claim 1, wherein the electronic message uses Internet
- 2 protocol.

- 1 19. The method in accordance with claim 18, wherein the electronic message is an 2 instant message.
- 1 20. The method in accordance with claim 18, wherein the electronic message is an email
- 2 message.
- The method in accordance with claim 20, wherein the electronic address is a webmail email address.
- The method in accordance with claim 20, wherein the electronic address is a PDA email address.
 - 1 23. The method in accordance with claim 20, wherein the electronic address is a personal
 - 2 computer email address.
- 1 24. The method in accordance with claim 20, wherein the electronic address is a wireless
- 2 telephone email address.
- 1 25. The method in accordance with claim 24, further comprising the step of calling back
- 2 a telephone number that is contained in the electronic message on the wireless telephone.

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- 1 26. The method in accordance with claim 1, further comprising the step of connecting to
- 2 the central computer over the Internet and modifying said at least one electronic address.
- 1 27. The method in accordance with claim 1, further comprising:
- 2 (a) said caller leaving a recorded voice message; and
- 3 (b) said central computer sending a computer file containing the recorded voice
- 4 message to said at least one electronic address.
- 1 28. The method in accordance with claim 1, further comprising:
- 2 (a) said caller leaving a recorded voice message; and
- 3 (b) said central computer sending an electronic message to said at least one
- 4 electronic address notifying said intended recipient of said recorded voice
- 5 message.
- 1 29. The method in accordance with claim 1, further comprising said central computer
- 2 connecting said caller with said intended recipient over the telephone system.